

METHYLGLYOXAL, DIABETES MELLITUS AND DIABETIC COMPLICATIONS

David L. Vander Jagt*

*Department of Biochemistry and Molecular Biology
University of New Mexico School of Medicine
Albuquerque, New Mexico, USA*

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* Author for correspondence:

David L. Vander Jagt
Department of Biochemistry and Molecular Biology
University of New Mexico School of Medicine
Albuquerque, New Mexico 87131, USA
dlvanderjagt@salud.unm.edu

SUMMARY

A large literature has developed around methylglyoxal (MG) concerning its role in diabetes mellitus (DM) and in the development of diabetic complications. This is related to the observation that levels of reactive aldehydes, especially 2-oxoaldehydes such as MG, are elevated in DM. There are numerous metabolic origins of MG that are accentuated in DM. MG has effects on insulin secretion from pancreatic beta-cells and is a major precursor of advanced glycation endproducts (AGE). Consequently, MG has a role in primary DM as well in the etiology of long-term complications. There is an extensive literature concerning the enzymes involved in the metabolism of MG, especially the glyoxalase system and aldose reductase. In addition, there is a rapidly developing literature on the direct and indirect effects of MG on signaling pathways that impact DM. This review attempts to integrate this DM-associated literature related to MG.

KEY WORDS

methylglyoxal, glyoxalase, aldose reductase, diabetes mellitus, diabetic complications, advanced glycation endproducts (AGE), oxidative stress, signaling

1. INTRODUCTION

The glyoxalase system and the ability of this enzyme system to metabolize methylglyoxal (MG) have been known for almost a century. Impetus to evaluate glyoxalase and MG in more detail was provided by the suggestion of Albert Szent-Györgyi in the 1960s that MG and glyoxalase are antagonistic growth regulators, which he referred to as the retine (MG)/promine (glyoxalase) theory, in which MG, or a related compound or derivative, is a growth-retarding signal, and glyoxalase is a growth-promoting signal /1-5/. Consequently, introduction of MG and glyoxalase into the cancer biology literature was a logical result of this proposal. Not surprising, development of glyoxalase inhibitors as potential anti-cancer drugs quickly followed and continues to this day /6-8/.

A large literature developed around MG, which is a deceptively simple small molecule. This literature ranges beyond cancer biology to

include, among other areas, a large literature on the role of MG in diabetes mellitus (DM) and especially in the development of diabetic complications. This diabetes-associated literature includes studies of: 1) the effects of MG on insulin secretion from pancreatic beta-cells; 2) the role of MG in the formation of advanced glycation endproducts (AGE); 3) the synthesis of MG by multiple pathways; 4) the catabolism of MG by multiple pathways; 5) the role of MG and MG-derived AGE on cellular oxidative stress; 6) direct and indirect effects of MG on signaling pathways; and 7) the molecular genetics of MG-metabolizing systems. This review attempts to integrate this diabetes-associated literature related to MG, with emphasis on metabolic pathways for formation and elimination of MG, on the enzymes involved, and on more recent studies of the effects of MG and MG-AGE on signaling pathways (see /9-21/ for related reviews).

II. REACTIVE ALDEHYDES THAT ARE ELEVATED IN DIABETES

Numerous carbonyl compounds, especially reactive aldehydes, have been suggested or demonstrated to be elevated in DM (Fig. 1). These include 2-oxoaldehydes, such as glyoxal, MG and 3-deoxyglucosone (3DG), as well as α/β -unsaturated aldehydes such as acrolein and 4-hydroxynonenal (4HNE) /22-24/. Acrolein, malondialdehyde and 4HNE are products of lipid oxidation and are associated with oxidative stress in DM /25-28/. 3DG is a decomposition product of glycated proteins, by way of the Amadori intermediate /29,30/. Glyoxal is a product both of lipid oxidation and of decomposition of glycated proteins as well as oxidation of glucose /31-33/. Glucosone can be derived from glucose under oxidative conditions /33/. Xylosone and deoxyxylosone, which are less prominent than glucosone and 3DG, may be derived from degradation of ascorbic or dehydroascorbic acid or from degradation of Amadori products from glycation of proteins with ascorbic or dehydroascorbic acid /34,35/. Formaldehyde is formed from methylamine in a reaction catalyzed by semicarbazide-sensitive amine oxidase (SSAO), an ecto-enzyme that is widely distributed on the surface of endothelial cells and other cells and is highly expressed in DM /36,37/.

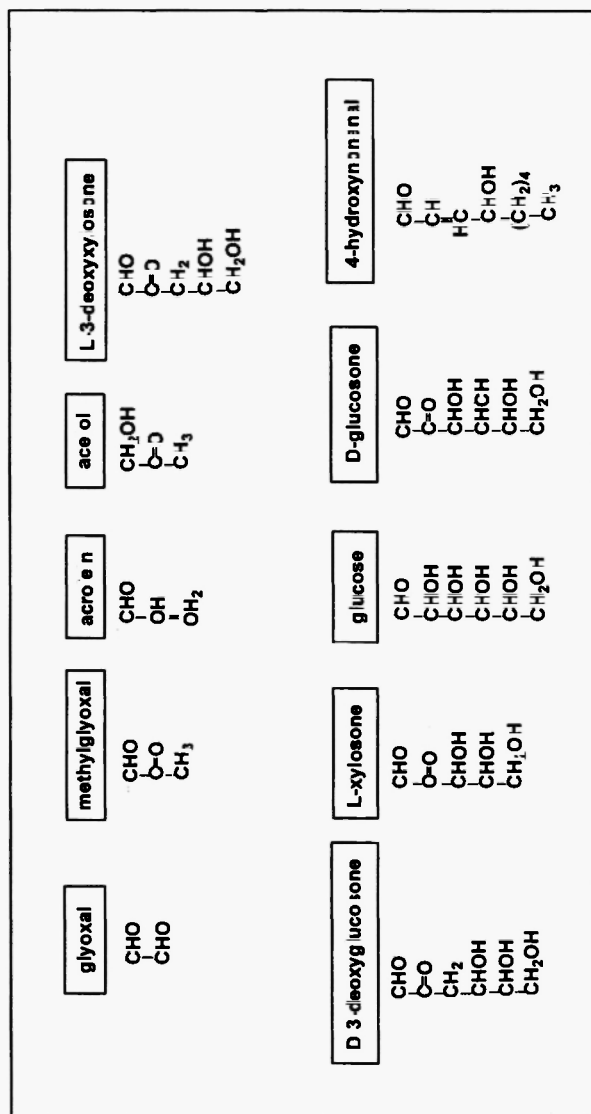


Fig. 1: Diabetes-associated aldehydes and ketones. Numerous reactive aldehydes and ketones, especially 2-oxoaldehydes and α/β -unsaturated aldehydes, are elevated in diabetes mellitus.

III. SOURCES OF METHYLGLYOXAL ACCENTUATED IN DIABETES

A special case for the importance of MG in the development of diabetic complications compared to the importance of other endogenous aldehydes can be made by considering the multiple sources of MG (Fig. 2). MG has numerous metabolic origins. It is produced non-enzymatically from triose phosphates /38/ and as a byproduct of the triose phosphate isomerase reaction /39/. MG, similar to 3DG and glyoxal, is also produced during decomposition of glycated proteins. MG is also formed by oxidative degradation of carbohydrates and lipids /40-43/ and is formed metabolically from ketone bodies, including oxidation of acetone /44/ catalyzed by liver cytochrome P450E1 /45/ and oxidation of acetoacetate in neutrophils catalyzed by myeloperoxidase /46/. Catabolism of threonine normally produces glycine and acetylCoA; however, in a low CoA state, such as would exist in diabetic ketoacidosis where much of the CoA is in the form of acetylCoA, threonine is catabolized to aminoacetone /47/. Aminoacetone is the preferred substrate of SSAO which converts aminoacetone into MG /48/. It is noteworthy that all of these sources of MG would be expected to be accentuated in DM. The increased levels of MG in DM /49/ and the identification of a number of AGE that are derived from MG /41-43/ make a strong case for the importance of this reactive 2-oxoaldehyde in the development of diabetic complications. Recent studies suggest that concentrations of MG may be much higher than previously thought, most of it likely existing as reversible carbinolamine adducts of proteins /50/.

The importance of acetol as a precursor of MG is also indicated in Figure 2. Acetol is one of the reduction products of MG, catalyzed by aldo-keto reductases (discussed below). However, acetol can disproportionate into MG and propanediol in the presence of copper ions /51/ and is therefore a potential source of MG. Since acetol is an intermediate product in the P450-catalyzed oxidation of acetone to MG, the conversion of acetol to MG can be enzymatic (via P450) or non-enzymatic (via copper ions). Acetol levels are sometimes elevated in patients with DM, especially during times of ketoacidosis /44/. In addition, dysregulation of metal ion homeostasis, including copper, is associated with DM /52/. Moreover, MG can modify the copper transport protein ceruloplasmin with resulting release of copper ions, thereby increasing the potential for formation of MG from acetol /53/.

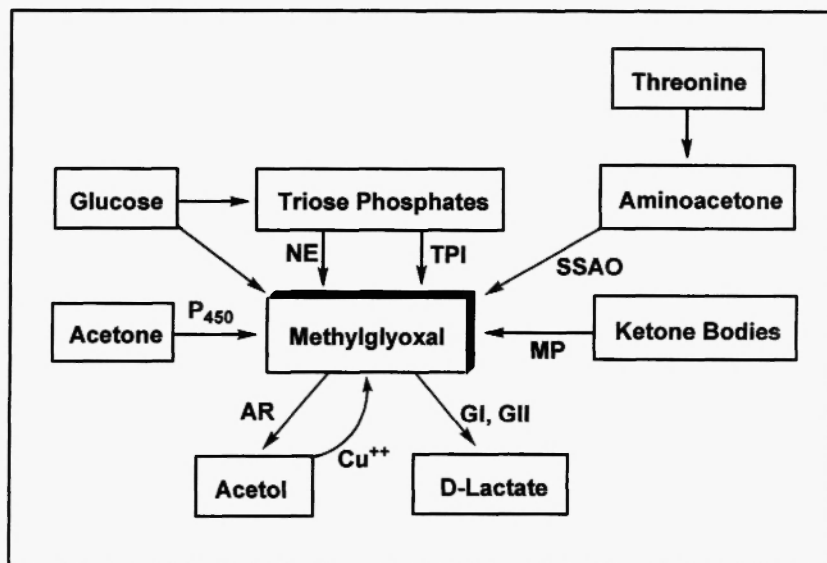


Fig. 2: Multiple biosynthetic origins of methylglyoxal. Methylglyoxal, unlike most of the other aldehydes and ketones elevated in diabetes mellitus, can be produced from many sources. NE = non-enzymatic; TPI = triose phosphate isomerase; SSAO = semicarbazide-sensitive amine oxidase; AR = aldose reductase; GI, GII = glyoxalase I and II; MP = myeloperoxidase; P450 = cytochrome P4502E1.

IV. METHYLGLYOXAL AND INSULIN

MG can influence beta-cell function as well as insulin signaling. Exposure of beta-cells to oxidative stressors including MG results in decreased insulin secretion in response to glucose /54/. MG is also toxic to beta-cells and can induce swelling and apoptosis, depending upon conditions /55,56/. Chemical modification of the beta-chain of insulin by MG alters the properties of insulin; the MG-insulin adduct decreases insulin-mediated glucose uptake in adipocytes and muscle cells, and the adduct is unable to provide autocrine control of insulin secretion from beta-cells. In addition, clearance of MG-modified insulin by the liver is impaired /57/. MG also impairs signaling pathways that involve insulin. Short exposure of muscle cells to MG initially increases then decreases insulin-stimulated phosphorylation of

protein kinase B and extracellular-regulated kinase 1/2 (ERK1/2) without affecting phosphorylation of the insulin receptor /58/. This signaling impairment is independent of generation of reactive oxygen species (ROS).

V. METHYLGLYOXAL AND ADVANCED GLYCATION ENDPRODUCTS

A number of AGE produced by modification of proteins by glucose have been identified from either *in vitro* or *in vivo* studies. These are thought to contribute to the matrix protein cross-linking that is associated with the development of long-term diabetic complications. Although it was initially assumed that AGE are formed primarily from glycation of proteins by glucose, it is now clear that AGE can be formed from a variety of compounds besides glucose, including fructose, trioses, ribose, and ascorbate, and even from lipoxidation pathways /29-36,41-43,59-70/. In addition, reactive 2-oxoaldehydes appear to be key intermediates in the formation of many of the AGE identified thus far (Fig. 3). The development of potential therapeutic agents that degrade AGE points to the importance of AGE in the etiology of diabetic complications /71-74/. The known AGE are primarily the products of reactions involving the 2-oxoaldehydes glyoxal, MG and 3DG. The importance of MG in formation of AGE deserves special attention: 1) antibodies against MG-derived AGE cross-react with AGE produced by modification of proteins with glucose, fructose, ribose, glyceraldehyde, glyoxal, ascorbate and ascorbate oxidation products, suggesting that MG may be a common intermediate in AGE formation from a wide variety of glycating agents /43/; 2) MG-derived AGE and glyoxal-derived AGE as well as 3DG-derived AGE are elevated in DM /43,65/; 3) AGE derived from MG and other 2-oxoaldehydes catalyze the production of free radicals /75/; 4) overexpression of glyoxalase I, which acts to increase the detoxification of MG, prevents the accumulation of intracellular AGE in response to high glucose, consistent with the idea that MG-AGE are especially prominent /76/. These observations support the suggestion that 2-oxoaldehydes, especially MG, play an essential role in the chemistry of AGE production.

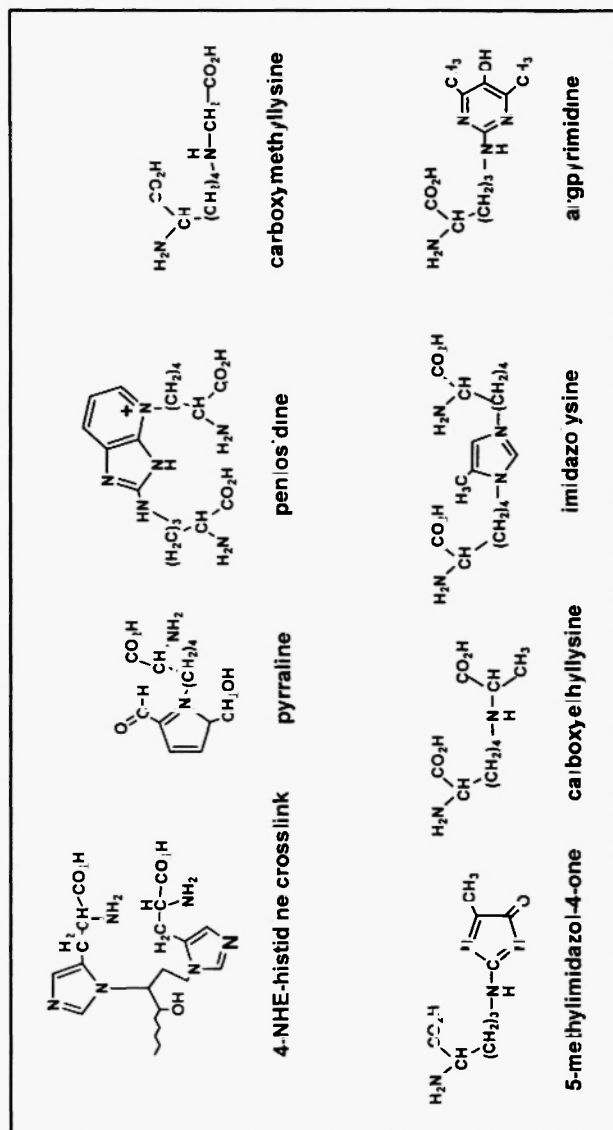


Fig. 3: Structures of advanced glycation endproducts (AGE). Some of the known AGE include crosslinking and non-crosslinking modifications of proteins; the bottom four AGE are derived from methylglyoxal.

VI. ENZYMOLOGY OF METHYLGLYOXAL METABOLISM

In view of the accumulating evidence in support of the roles of 2-oxoaldehydes in the reactions that produce AGE, the question of the metabolic pathways for formation of and for protection against 2-oxoaldehydes, especially MG, is important. One could argue that prevention of the formation of MG or promotion of its detoxification might provide a means to limit the development of long-term diabetic complications by limiting AGE production. There are multiple catabolic pathways for detoxification and elimination of MG (Fig. 4). Removal of MG catalyzed by the glyoxalase system is redox-neutral, since it involves an intramolecular redox reaction to convert MG into D-lactate. Conversion of MG into acetol by NADPH, catalyzed by aldose reductase, represents reductive metabolism of MG. Conversion of MG into pyruvate by NAD or NADP, catalyzed by betaine aldehyde dehydrogenase and 2-oxoaldehyde dehydrogenase, respectively, represents oxidative metabolism of MG.

2-Oxoaldehyde dehydrogenase (2-ODH) has received little attention. This dehydrogenase catalyzes the oxidation of MG to pyruvate

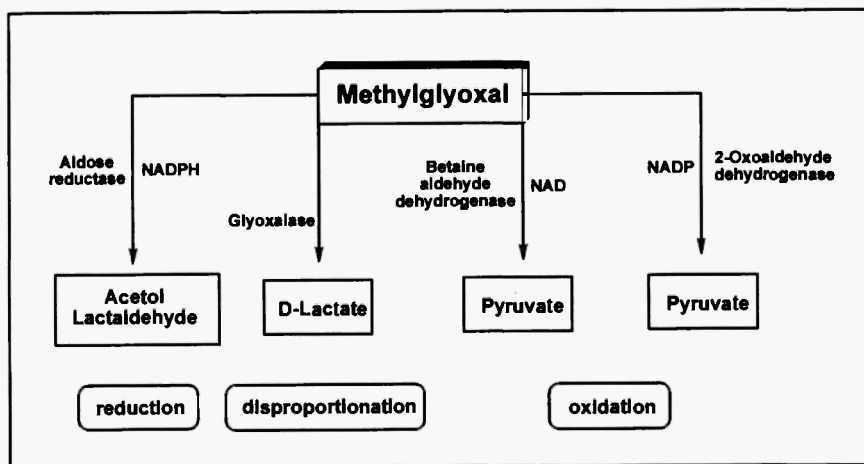


Fig. 4: Detoxification pathways for methylglyoxal. Methylglyoxal can be eliminated through reductive and oxidative as well as disproportionation reactions.

/77/ and 3DG to 3-deoxygluconic acid /78,79/ and therefore is of interest with respect to reactive aldehydes that are precursors to AGE. 2-ODH, which is specific for 2-oxoaldehydes, may represent an important liver detoxification enzyme for protection against these aldehydes, especially MG. 2-ODH is unusual in its requirement for a vicinal amino-alcohol cofactor /80-83/ although, in more recent studies, activation was observed with vicinal amino-thiols as well as with glycine /84/. Nevertheless, the best activators appear to be vicinal amino-alcohols that contain a primary alcohol functional group. The physiological cofactor is unknown. There is some evidence for the existence of multiple forms of 2-ODH /85,86/.

Among the 17 or more functional human aldehyde dehydrogenase genes /87/, at least three human aldehyde dehydrogenases (ALDH 1, 2 and 3) exhibit broad specificity and carry out the detoxification of numerous aldehydes. ALDH bind unhydrated aldehydes /88/. Most aldehydes are only partially hydrated at physiological pH. 2-Oxoaldehydes, such as MG, however, are essentially 100% hydrated, which may explain why 2-oxoaldehydes are poor substrates of aldehyde dehydrogenases. However, MG is a fairly good substrate for betaine aldehyde dehydrogenase (ALDH9, E3), although considerably poorer than betaine aldehyde /89/.

The glyoxalase system, consisting of glyoxalase I and II, has been studied extensively and is reviewed elsewhere in this issue /90,91/. The glyoxalase system is an unusual detoxification system. MG first reacts non-enzymatically with glutathione to form a hemi-thioacetal that is the actual substrate for glyoxalase I. Thus, the concentration of glutathione is important in determining the efficiency of the glyoxalase system. Because MG is very reactive, there is little that is free; most MG is distributed between the hydrated form and the hemi-thioacetal of glutathione. At 3 mM concentrations of glutathione, the hydrated form and the hemi-thioacetal are present in a 1:1 ratio (Fig. 5). As the concentration of glutathione falls, less of the hemi-thioacetal is present and the detoxification ability of the glyoxalase system falls rapidly. This means that MG will accumulate whenever there is oxidative stress that impacts the level of glutathione /51/.

Aldose reductase (aldo-keto reductase, AKR1B1; AR2) is part of the polyol pathway, which has been implicated in the development of some diabetic complications, especially cataract formation. The pathway involves two reactions: 1) the NADPH reduction of glucose to the

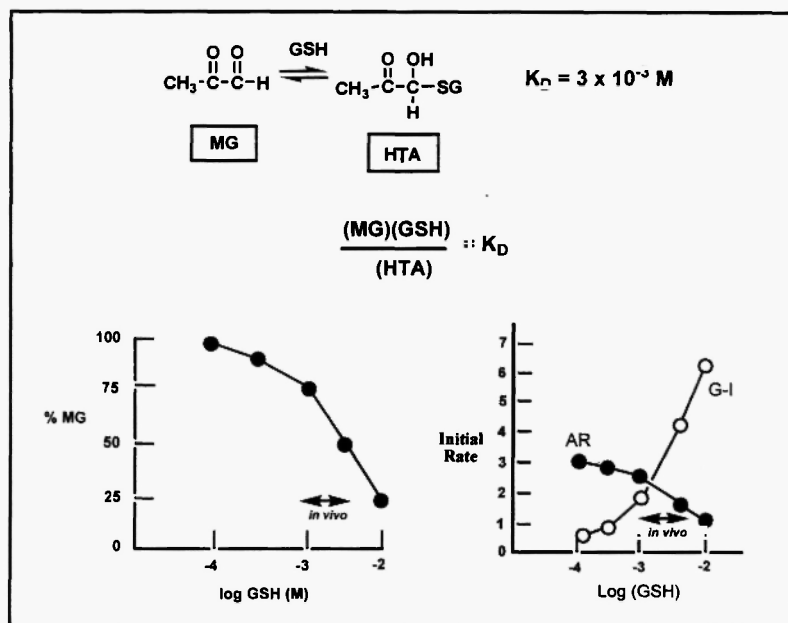


Fig. 5: Disposal of methylglyoxal (MG) through the glyoxalase and aldose reductase pathways. The rates of detoxification of methylglyoxal through the glyoxalase (G-I) pathway and aldose reductase (AR) pathway depend upon the concentration of glutathione (GSH). At 3 mM GSH, methylglyoxal, which exists almost entirely hydrated and likely is present at micromolar concentration, is equally distributed between MG and the hemithioacetal of MG and GSH (HTA). As GSH concentrations decrease, more of the methylglyoxal is available as a substrate for AR. The plot of initial rates through the two pathways (right) assumes GI/AR ratio of ten.

polyol sorbitol, catalyzed by aldose reductase; and 2) the NAD oxidation of sorbitol to fructose, catalyzed by sorbitol dehydrogenase. However, MG is 10^4 times better than glucose as a substrate for aldose reductase [92]. Likewise, all of the aldehydes that are elevated in DM are much better substrates of aldose reductase than glucose [20,21,51, 92-97], consistent with the idea that the main function of aldose reductase is detoxification of aldehydes. A problem in DM may be the over-production of aldehydes.

In liver, where glutathione levels are highest and where there is little aldose reductase, the glyoxalase system is likely the major catabolic system for detoxification of MG, perhaps in cooperation with 2-ODH. In tissues with significant levels of aldose reductase, which includes those tissues that are associated with the development of diabetic complications, aldose reductase may assist glyoxalase with the disposal of MG (Fig. 5). The aldose reductase-catalyzed reduction of MG is NADPH-dependent. However, the product distribution is glutathione-dependent (Fig. 6). The non-enzymatic pre-equilibrium reaction between MG and glutathione to form the hemi-thioacetal in equilibrium with MG (free and hydrated) provides two substrates for aldose reductase. Unhydrated MG is converted into acetol through reduction of the aldehyde functional group; the hemi-thioacetol is converted into lactaldehyde through reduction of the ketone functional group, followed by dissociation of the resulting hemi-thioacetal. Both lactaldehyde and acetol can be reduced further to propanediol, catalyzed by aldose reductase [51,92]. Lactaldehyde is a good substrate of aldose reductase. Thus, MG can be efficiently converted first to lactaldehyde and then to propanediol through two aldose reductase-catalyzed reactions. Reduction of MG to acetol, which would become a more important pathway at low glutathione concentrations, produces a much poorer substrate for the second reduction [92]. As mentioned above, acetol has been reported to accumulate to near millimolar levels in some patients with DM [44]. Acetol, however, may not be innocuous. Acetol produces insulin resistance in experimental animals [98]. Whether this involves conversion of acetol back into MG is not known. This is a distinct possibility because acetol can readily undergo disproportionation in the presence of copper to regenerate MG. The reduction of MG to acetol may be an undesirable reaction, and acetol may represent a cryptic form of MG that can be converted back into MG under appropriate conditions, such as in DM.

Aldose reductase is readily oxidized to isoforms with markedly different kinetic properties, including insensitivity to some of the standard aldose reductase inhibitors [92,94]. Given the role of oxidative stress in diabetic complications, the general failure of aldose reductase inhibitors in clinical studies may reflect the presence of oxidized aldose reductase with reduced affinity for these inhibitors. It has been suggested that the potential benefits of aldose reductase

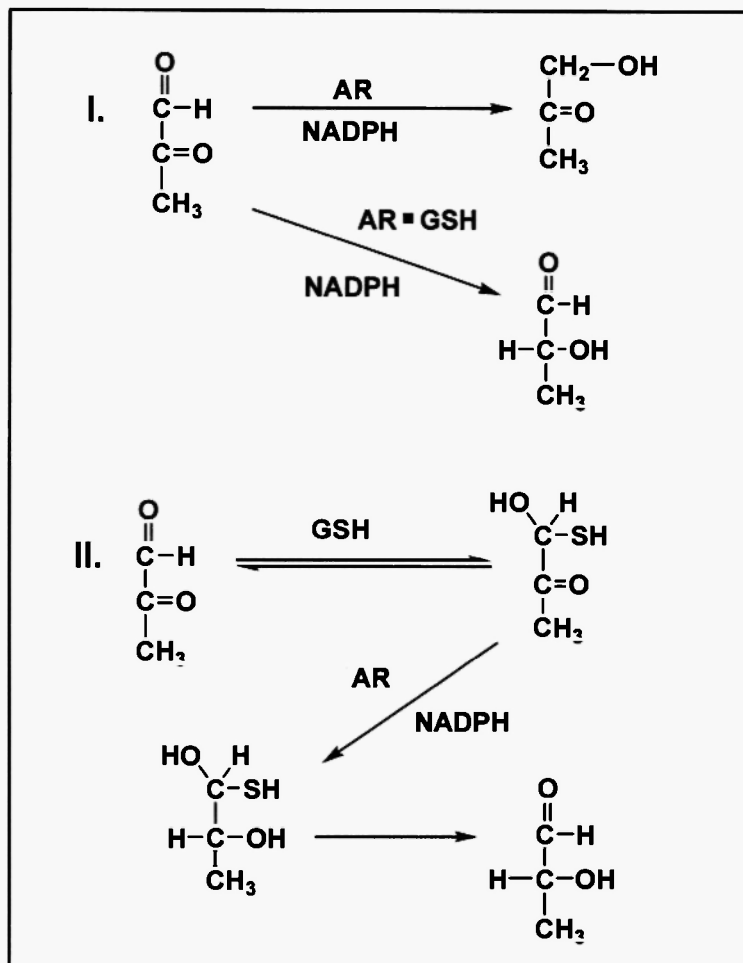


Fig. 6: Aldose reductase-catalyzed reduction of methylglyoxal. The reductive metabolism of methylglyoxal (MG), catalyzed by aldose reductase (AR), is more complicated than suggested in Figure 5. The main product from AR-catalyzed reduction of MG by NADPH is acetol. In the presence of glutathione (GSH), lactaldehyde also forms (top). The explanation for this distribution of products, which is dependent on the concentration of GSH, is that AR can also catalyze the reduction of the hemithioacetal (bottom).

inhibitors may be due to protection of NADPH from oxidation by endogenous aldehydes, catalyzed by aldose reductase /92/.

VII. ALDEHYDE (OXIDATIVE) STRESS AND DIABETIC COMPLICATIONS

There are multiple pathways by which MG and other reactive carbonyl compounds, especially aldehydes which are elevated in DM, can contribute to oxidative stress. The chemistry of reactive carbonyl compounds does not need to be redox chemistry /12,16/. Flow of glucose through the polyol pathway may produce an increased NADH/NAD ratio, similar to hypoxia, and therefore termed pseudohypoxia /99/. This results in increased free radical formation and would represent an oxidative stress. In general, DM and diabetic complications are associated with oxidative stress or with aldehyde (or more generally carbonyl) stress /16,92,100-102/.

7a. ROS production

There are a number of ways by which MG can contribute to elevated levels of ROS. Glycation of proteins leading to formation of various AGE or direct modification of proteins by MG to form MG-AGE produce reactive centers that can catalyze production of radicals including superoxide /75,103/. This includes modification by MG of mitochondrial proteins in complex III, resulting in damaged mitochondria that exhibit enhanced formation of superoxide /104/. Some of the production of ROS from MG-AGE may involve copper /105/ or may involve iron-mediated damage to mitochondria as a consequence of oxidative conversion of aminoacetone into MG /106/.

Engagement of RAGE, the receptor for AGE, triggers activation of NADPH oxidase with production of ROS /13,15,107/. NADPH oxidase is a family of oxidases that include five members of the NOX family and two members of the DUOX family. The prototype of the NOX family is NOX2 which is also known as phagocyte NADPH oxidase and is associated with superoxide production by granulocytes and macrophages as part of their anti-microbial activity. However, NOX2 is widely distributed among cells and is found not only as plasma membrane complexes but also intracellularly. NOX2 is regulated by a number of signaling pathways including NF κ B (see

below). NOX4 is induced by ischemia and by pro-inflammatory cytokines. A peculiarity of NOX4 is that it can produce both H_2O_2 and superoxide. The two DUOX are novel NOX isoforms that also contain a peroxidase domain /108/.

7b. Impaired detoxification enzymes

Oxidative stress in DM may be elevated as a consequence of reduced ability to detoxify ROS. Glutathione reductase is inactivated by MG and other reactive aldehydes, especially 4HNE /109/. Cu,Zn-superoxide dismutase is inactivated by MG, with release of copper /110/. MG as well as 3DG inactivate glutathione peroxidase /111,112/. In addition, as mentioned above, MG modifies ceruloplasmin with liberation of copper /53/. All of these MG-dependent processes would be expected to contribute to the development of oxidative stress. This may be especially important in beta-cells where detoxification capacity is low /113/.

7c. NADPH and glutathione depletion

Aldose reductase is expressed in a number of tissues including those that are associated with diabetic complications. All of the aldehydes that are elevated in DM, including glucose and MG, are substrates of aldose reductase, as is acetol. Therefore, one source of oxidative stress may be the consumption of NADPH through the aldose reductase-catalyzed reduction of these endogenous aldehydes /20,21,51,92-97/. Consumption of NADPH would also contribute to oxidative stress through loss of ability to maintain glutathione in the reduced form, since glutathione reductase is NADPH-dependent. In addition, as mentioned above, glutathione reductase is inactivated by these endogenous aldehydes including MG. There are a number of reports of depressed levels of glutathione in patients with DM /114-116/. A summary of some of the oxidative stress-producing pathways that directly or indirectly involve MG and other endogenous aldehydes that are elevated in DM is shown in Figure 7.

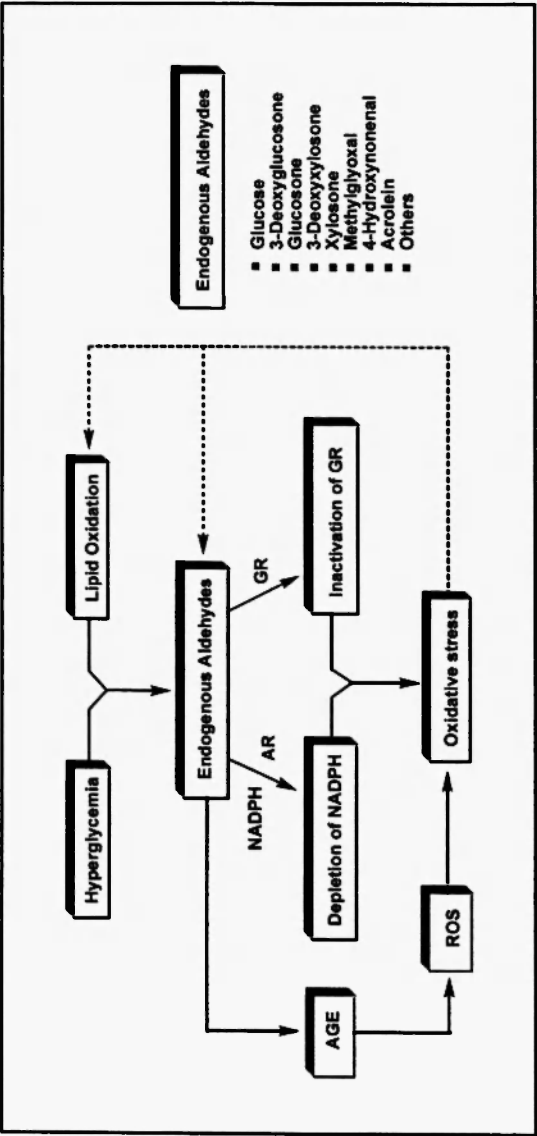


Fig. 7: Aldehyde (oxidative) stress model of diabetic complications. The elevation of reactive aldehydes in diabetes mellitus may produce oxidative stress through consumption of NADPH through the aldose reductase (AR) pathway; through inactivation of anti-oxidant enzymes such as glutathione reductase (GR); and through advanced glycation endproducts (AGE)-catalyzed formation of reactive oxygen species (ROS).

VIII. METHYLGLYOXAL AND SIGNALING PATHWAYS

In recent years, there have been numerous studies of the direct or indirect effects of MG on signaling pathways, many of which may pertain to the development of diabetic complications. The physiological significance of these numerous cellular studies is not clear, due to the high concentrations of MG that are often used in order to measure an acute response. This leaves open the question whether these studies are applicable to understanding the etiology of long-term diabetic complications. In cases where the effects are observed rapidly in response to exposure to MG, it is likely that the effect is directly attributable to MG. In cases where the effects of exposure to MG are observed after a significant period, the effects may be indirect, either through initial formation of MG-AGE with subsequent production of ROS or through MG-dependent development of oxidative stress that does not involve MG-AGE. This could include altered redox potential through consumption of NADPH through the aldose reductase-catalyzed reduction of MG or glutathione consumption through the glyoxalase I-catalyzed disproportionation of MG. Given this complexity, the effects of MG on signaling pathways are often difficult to interpret mechanistically.

Some of the effects of MG on signaling pathways impact the metabolism of MG. For example, exposure of smooth muscle cells to MG resulted in a dose-dependent and time-dependent upregulation of aldose reductase at both the mRNA level and the protein level /117/. This effect was blocked by inhibition of p38, suggesting that this signaling is through the MAP kinase pathway. Since ROS production was also increased, the signaling may be through MG-induced oxidative stress. Thus, even when the effects of MG on a signaling pathway are rapid and likely do not involve initial formation of MG-AGE, the interpretation of the effects can be complicated.

When human embryonic kidney cells and mouse fibroblasts were exposed to MG, they became insensitive to the mitogenic effect of insulin-like growth factor-I through activation of the MAP kinase ERK, which was shown to be mediated by upstream activation of MEKK1 /118/. In other studies, MG downregulated Raf-1 protein levels through an ubiquitin-dependent mechanism /119/. Since both Raf-1 and MEKK1 can activate ERK, it is clear that the effects of MG on ERK activation can be opposite, depending on cell type and condi-

tions. Another example of the complexity of MG-induced activation of MAP kinases was the demonstration of distinct pathways in endothelial cells by which MG activated ERK1/2 compared to p38 and JNK. Activation of ERK1/2 was protein tyrosine kinase (PTK)-dependent; by contrast, activation of p38 and JNK was PTK-independent but redox-dependent /120/. In mesenchymal cells, where PDGF is a mitogenic factor, MG treatment resulted in inhibition of the intrinsic tyrosine kinase activity of PDGFR- β , which inhibited subsequent activation of ERK. In this study, MG-AGE were detected on PDGFR- β /121/.

There are numerous examples where treatment of cells with MG generated MG-AGE and oxidative stress, often by way of NADPH oxidase, and led to perturbed cell signaling. MG-modified albumin triggered release of TNF α from macrophages, which may contribute to the chronic inflammatory state associated with both type 1 and type 2 DM. In this study, treatment with MG-modified albumin led to the activation of p38, ERK and NF κ B /122/. ROS production also increased. TNF α secretion was suppressed with an inhibitor of NF κ B. TNF α is one of the pro-inflammatory genes regulated by NF κ B. Moreover, NF κ B is a redox-sensitive transcription factor. Therefore, one can speculate that the treatment with MG-modified albumin produced ROS, perhaps through RAGE and NADPH oxidase, and the upregulation of TNF α resulted from ROS-dependent activation of NF κ B. ROS derived from MG or MG-AGE were observed in studies of the role of ASK1 in MG-induced apoptosis of Jurkat cells /123/, induction of expression of heparin-binding epidermal growth factor-like growth factor in smooth muscle cells /124/, expression of Mac-1 on neutrophils, leading to platelet-neutrophil aggregation /125/, JNK activation and apoptosis of osteoblasts /126/, genotoxicity of MG-AGE to colon, liver and kidney cells /127/, NF κ B activation in smooth muscle cells /128/, NF κ B activation and apoptosis in retinal pericytes /129/ and NF κ B activation and ICAM-1 expression in vascular smooth muscle cells /130/. Thus the direct or indirect effects of MG on signaling generally involve ROS as intermediates.

Vascular endothelial growth factor (VEGF) is important in physiological and pathological angiogenesis and vascular permeability. Extensive studies link VEGF, diabetic retinopathy and oxidative stress /131,132/. Endothelial cells exposed to MG increased the expression of VEGF /133/. IV administration of AGE to rats increased retinal

vascular permeability through upregulation of VEGF and down-regulation of pigment epithelium-derived factor (PEDF), which is a potent inhibitor of angiogenesis. This involved signaling initiated by AGE that resulted in ras and NF κ B activation leading to upregulation of VEGF. PEDF normally works to inhibit this pathway by suppression of NADPH-mediated ROS generation /134/. Related studies demonstrated that exposure of retinal endothelial cells to AGE increased ROS production and VEGF expression, and that the signaling pathway involved PKC-dependent activation of NADPH oxidase /135,136/. In view of the importance of MG as an intermediate in the formation of AGE, these studies provide a likely link between MG and VEGF even when MG was not used directly in the studies.

In type 2 DM, beta-cell dysfunction was linked to ROS formation from AGE-catalyzed reactions /137/. This oxidative stress in beta-cells, and other cells, triggers endoplasmic reticulum (ER) stress that can lead to a number of ER stress responses. ER stress can activate the MAP kinase JNK, one consequence of which is decreased activity of transcription factor PDX-1 which regulates transcription of the insulin gene /138-140/. MG also can activate JNK /120/. The ER can detect a variety of stresses. In retinal pigment epithelial cells, ER stress, triggered by oxidative stress /141/, reductive stress /142/, or unfolded protein stress /143/, in each case resulted in upregulation of expression of VEGF by a pathway that involved activation of transcription factor ATF4.

Potential new roles for MG-AGE, ROS and glyoxalase I are suggested by recent studies of TNF-induced cell death /144/. Increased levels of mitochondria-derived ROS in response to exposure of fibro-sarcoma cells to TNF are part of a ROS-dependent cell death pathway. Delineation of the events along this pathway suggested that MG levels increased, along with formation of specific MG-AGE. In addition, there was TNF-induced phosphorylation of glyoxalase I that required PKA. The generality of this pathway for TNF-dependent signaling and its significance in the pro-inflammatory roles that TNF has in numerous disease processes remain to be explored.

New roles for aldose reductase are suggested by recent studies of glucose-induced growth of smooth muscle cells which requires TNF α as an autocrine signal in an NF κ B-dependent pathway. Interestingly,

aldose reductase appears to be an essential part of this signaling pathway. It is unclear whether MG or MG-AGE play a role /145/.

IX. MOLECULAR GENETICS OF GLYOXALASE I AND ALDOSE REDUCTASE IN DIABETES

There has been extensive interest in the molecular genetics of both glyoxalase I and aldose reductase in DM. Glyoxalase I and aldose reductase are significantly elevated in mononuclear cells from patients with type 1 DM with complications /146/, consistent with other reports of elevated glyoxalase I and aldose reductase in erythrocytes from symptomatic patients with DM /49,147/. Glyoxalase I is a two allele gene that produces dimers with interchangeable subunits, resulting in the phenotype GLO 1, GLO 1-2, GLO 2-2. This polymorphism has been studied for many years /148/ in many populations, mainly because the *GLO* gene is located on chromosome 6 in the HLA region and has therefore been a useful marker in genetic studies /149/. Glyoxalase I exhibits a single nucleotide polymorphism (A or C) at position 332 of the cDNA, resulting in alanine (C332 allele) or glutamic acid (A332 allele) at protein residue 111 /150,151/. A number of investigators have compared *GLO* genotypes or phenotypes in diabetic populations compared to control populations, but with conflicting results /152-155/.

Aldose reductase has two polymorphic sites in its promoter. There is an (A-C)_n dinucleotide repeat 2.1 kb upstream that is polymorphic /156,157/. A number of studies, but not all studies, suggest a correlation between the Z-2 allele and the presence of complications /156-160/. This includes studies in which the expression level of aldose reductase was shown to be elevated /159/. There is also a C-106T polymorphism that is associated with diabetic complications, but with conflicting reports as to which allele correlates with increased susceptibility /161-165/. The presence of the Z-2/C-106 combination had the highest transcriptional activity in reporter gene studies /166/. In one study of a highly endogamous Native American population in which both glyoxalase I and aldose reductase genotypes were evaluated, there was an association between type 2 DM and the *GLO* A332 allele, and between type 2 diabetic nephropathy and the Z-2 allele /155,159/.

X. CONCLUSIONS

In view of much of the recent interest in MG, MG-AGE, ROS, glyoxalase I and aldose reductase in signaling pathways that may be relevant to diabetes mellitus and its complications, there seems to be little slow down in interest in MG. It is therefore appropriate, based upon these recent studies, to restate that MG is a deceptively simple small molecule and that much remains to be learned almost 50 years after Szent-Györgyi initiated his studies of MG and glyoxalase.

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